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Transformational Tools For Professionals

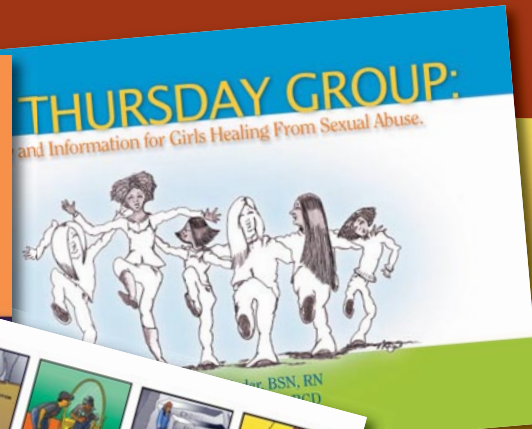


**NEARI PRESS**

Clinician's Guide to  
**Stages of  
Accomplishment  
Workbooks**

For Sexually Abusive  
Youth in Treatment

Phil Rich, et al.



## NEARI PRESS

**NEW Prevention Sourcebook**  
by Keith Kaufman - pg 4

**NEW book on Autism**  
by Gerry Blasingame - pg 3

**NEW book on using the ancient  
traditions about healing - pg 3**

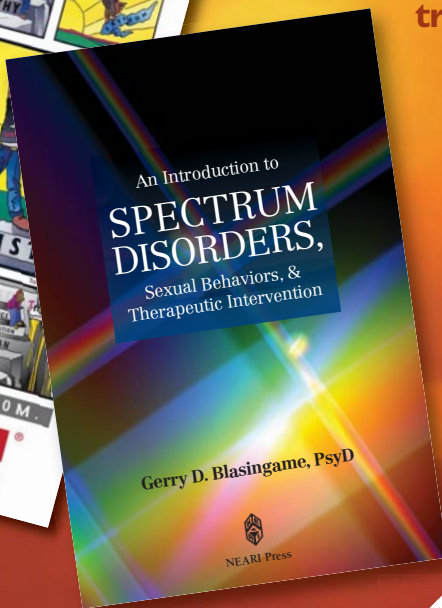
- 8 New Titles for 2011-2012
- New Online Course Offerings
- FREE Professional E-Newsletter
- New CE credits for the books you read



# 2011-2012 CATALOG

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**THE PREVENTION  
OF SEXUAL VIOLENCE:  
A Practitioner's Sourcebook**  
Edited by Keith L. Kaufman, Ph.D.



**NEARI**

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**Dear Colleagues,**

Our goal at NEARI Press is to provide you with creative, thoughtful and innovative resources that can help make your ongoing efforts to stop sexual abuse more effective. We continue our commitment to find evidence-based approaches to stop those who have abused from ever abusing again. In this year, we are continuing to bridge the divide between those working with abusers and those working with victims of abuse, to introduce the importance of looking at healthy sexuality, and to ensure that children with sexual behavior problems and youth who abuse sexually are not seen as "little adults". In this spirit, we offer you both our new catalog and, as always, our sincere gratitude for the work that you are doing.

**New Titles:**

This year we are excited to be offering you Gerry Blasingame's, *An Introduction to Spectrum Disorders, Sexual Behaviors, and Therapeutic Intervention*. This new book is a critical learning tool for understanding and working with this often ignored population. As we more deeply understand both the importance of cognitive-behavioral approaches and their limitations, consider GERAL BLANCHARD'S groundbreaking book, *Ancient Ways: Indigenous Healing Ways for the 21st Century*. This book offers a truly thought-provoking look at how to effectively integrate into our modern world the healing approaches that have worked for thousands of years. Editor Keith Kaufman's, volume, *The Prevention of Sexual Violence: A Practitioner's Sourcebook* challenges us to examine how we can get more involved in prevention efforts and why that part of our work must be front and center. Last, Tom Keating's full color clinician's manual and student workbook titled, **RESPECT**, crafts a unique eastern philosophy approach to transforming how those who abuse view themselves and others.

We are also focusing new titles on the issue of pornography. Cordelia Anderson has written a thought provoking booklet about the *Impact of Pornography on our Children, Youth and Culture*. David Prescott integrates these issues and current research into a booklet about *Pornography and It's Placement in the Assessment and Treatment of Adolescents Who Have Sexually Abused*.

This year we are excited to collaborate with the National Sexual Violence Resource Center to add a new online workshop *Engaging Bystanders in Sexual Violence Prevention* by Joan Tabachnick. We believe that this short (one hour) FREE online workshop will provide you with insights into how all programs and interventions can and should integrate appropriate family, friends, and communities into stopping further sexual abuse.

Last, we are thrilled to offer you another year of our FREE monthly e-newsletter. We so appreciate hearing from you about how these articles have had a direct impact on the way you carry out your work. At the core of our publishing is the belief that a more informed professional community and public will allow all of us to do better work with our clients. If you agree and you do find these articles useful, please pass them along to others.

Thank you for being part of the NEARI Press community.



Steven M. Bengis, Ed.D, LCSW  
Executive Director, NEARI

*"I LOVE getting the NEARI newsletter. It is always informative and pertinent to my work and it often generates great discussions amongst our team members. Thank you and keep it coming."*  
— Clinician in Colorado

**E-Newsletter****NEARI NEWS: TRANSLATING RESEARCH INTO PRACTICE**

*An Essential Tool for Professionals Working with Those Who Sexually Abuse or...A Great New Way to Stay Current with Cutting Edge Sexual Abuse Research*

**NEARI NEWS** is a FREE one page monthly e-newsletter designed to keep you current with emerging research and free online resources. The e-newsletter, written by noted experts David Prescott, Steve Bengis and Joan Tabachnick focuses on information that:

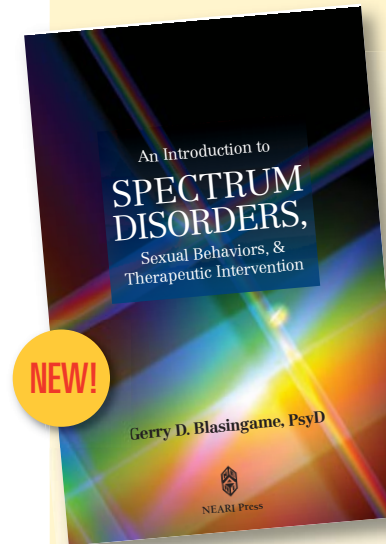
- Points to a ground-breaking research study,
- Provides the basic conclusions of that research, and
- Offers some practical suggestions for changes you may want to consider in your own practice.

We promise that **NEARI NEWS** will be short, informative, and useful to your work. And best of all, it's free. If at any time you no longer want the e-newsletter, just let us know and we will take you off our list. We value your trust and we will not sell or give your contact information to any other organization.

To receive **NEARI NEWS** simply send an email to [info@nearipress.org](mailto:info@nearipress.org) with the word "**E-NEWSLETTER**" in the subject or register online at [www.nearipress.org](http://www.nearipress.org). That's it. Expect your first issue of **NEARI NEWS** at the beginning of every month.

*We hope to hear from you soon!*

Sign up for our FREE E-Newsletter at [www.nearipress.org](http://www.nearipress.org)

**An Introduction to Spectrum Disorders, Sexual Behaviors, & Therapeutic Intervention**

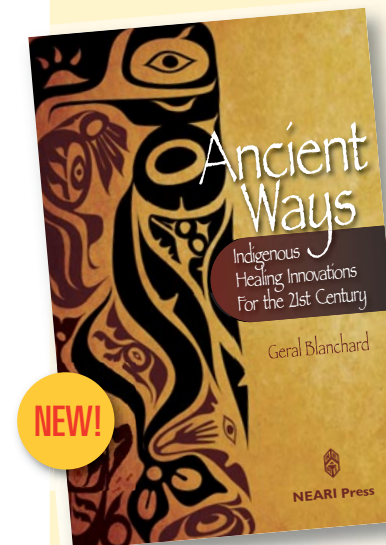
By Gerry D. Blasingame

The frequency of Autism Spectrum Disorders being diagnosed has risen significantly in recent years. During this same time the numbers of children and teens identified with problematic sexual behaviors have also increased. Therapists trained in traditional treatment strategies for people with sexual behavior problems are more and more frequently called upon to work with these youth, but the assumptions and methods that work so well with other clients often fail with this population. This timely book provides essential information about the Autism Spectrum Disorders, how to adjust the assessment process to accommodate this disorder, and practical approaches to understanding unique family dynamics, and healthy and problematic sexual behaviors. This book also provides insights to working with Autism Spectrum cases when there is the co-occurrence of intellectual disabilities and/or various mental health problems.

*"Gerry Blasingame has quietly been working towards building evidence-based, best practice models for assessing and treating persons with intellectual and other cognitive limitations who also sexually abuse. He shares his perspective and wisdom on how best to approach these issues for some of our most heartbreaking cases."*

— Robin J. Wilson, Ph.D., ABPP

#9882 (ISBN 978-1-929657-50-6) Paperback, \$27.00

**Ancient Ways: Indigenous Healing Innovations for the 21st Century**

By GERAL BLANCHARD

*Ancient Ways* is a unique addition to the field by combining traditional indigenous wisdom with contemporary neuroscience and psychotherapeutic innovations to create a comprehensive model for psychological healing. This one-of-a-kind text emphasizes several elements that are essential to successfully resolving issues of physical, emotional, and sexual trauma. Within this framework, the author encourages the exploration of robust therapeutic growth that requires a strong spiritual component, immersion in nature, and recovery strategies that are steeped in community relationships, rituals, and ceremonies.

Drawing from sacred shamanic traditions and contemporary North American medicine, Blanchard explains how old and new healing strategies are surprisingly compatible and combine for a more powerful potentiating effect. For the therapist who desires a more reverent and meaningful counseling practice, this book offers a solid theoretical foundation for this important work.

*"There are few people brave enough to have experienced what Blanchard has, much less being willing to write about it. He has penetrated this other way of seeing and his book, Ancient Ways, will hopefully help shape the next generation of his profession."*

— Rupert Ross, Crown Attorney and author of  
*"Returning to the Teachings: Exploring Aboriginal Justice"*

#9973 (ISBN: 978-1-929657-53-7) Paperback, \$24.00

To order call 888.NEARI.12 (888.632.7412) or online at [www.nearipress.org](http://www.nearipress.org)

## The Prevention of Sexual Violence: A Practitioner's Sourcebook

Edited by Keith Kaufman

This comprehensive volume brings together the expertise of leading practitioners, researchers, and policy makers to prevent sexual violence. Through a progression of nearly 30 chapters, the Sourcebook provides practical approaches to prevention and describes the underlying frameworks that support each approach.

The Sourcebook begins by introducing cutting edge prevention approaches along with a broad sampling of nationally recognized programs to illustrate the power of well designed prevention efforts. To foster the development of innovative new prevention programs, a section of the Sourcebook is dedicated to "how to" oriented approaches. The Sourcebook concludes with an examination of the role of cultural issues in the prevention of sexual violence and offers insights for influencing local and national policy change.

Chapters cover the spectrum of topics from internet safety, influencing public policy, and addressing sex offender notification practices, to creating effective prevention programming for children and teens, organizations, adults in the community, and young adults on college campuses. This Sourcebook is an essential tool for any professional who wants to incorporate the prevention of sexual violence into their practice or enhance the quality of existing services.

The Sourcebook draws upon the expertise of national leaders including, Ernie Allen, Natalie C. Audage, Peter L. Benson, Alan D. Berkowitz, Gerry D. Blasingame, Celia Brackenridge, Deborah Callins, Larry Cohen, Grace L. Davis, Mandy Davis, Rachel A. Davis, David L. Delmonico, Trisha H. Folds-Bennett, Lisa Aronson Fontes, John D. Foubert, Christine A. Gidycz, Corrine Meltzer Graffunder, Jennifer H. Green, Elizabeth J. Griffin, James A. H. Hafner, L. Amber Hayes, Gerald R. Hover, Linda E. Johnson, Maureen C. Kenny, Lee Anna Knox, Karen S. Lang, David S. Lee, Suzanne Nace Magnuson, Marc Mannes, Patrick McGann, James A. Mercy, Megan J. Murphy, Mike Newton-Ward, Margarita R. O'Neill-Arana, Lindsay M. Orchowski, Lisa Fujie Parks, Harold "Pat" Patrick, John C. Patterson, Lindsey B. Patterson, Carol Plummer, Peter Pollard, David Prescott, Jennifer Rauhouse, Barbara Rawn, Alyssa Rheingold, Deborah Donovan Rice, Darrin L. Rogers, Janet Saul, Peter C. Scales, Paul A. Schewe, Arturo Sesma, Jr., Amy L. Shadoin, Robert A. Shilling, Chad Keoni Sniffen, Joan Tabachnick, Jeffrey Todahl, Sara J. Valenzuela, Sandy K. Wurtele, and Julie Yagoda.

"There is a lot of substance in this book for professionals who are looking for new ideas to expand their prevention efforts... This book should be a touchstone for the next generation of innovation."  
— David Finkelhor, Crimes Against Children Resource Center

#9887 (ISBN 978-1-929657-45-2) Hardcover, 524 pages \$59.00

## RESPECT

By Tom Keating

Few approaches to sex offender treatment and management attempt to be truly transformative. Tom Keating has chosen to challenge his clients to learn how to manage their behaviors and transform the way they approach life. RESPECT is both a philosophy of living and a very specific set of exercises to help youth and young adults who have sexually abused to live abuse-free lives.

This beautiful full color Professional Manual and Student Workbook begins a journey for the professional and the student that is a unique approach with specific steps in the process.

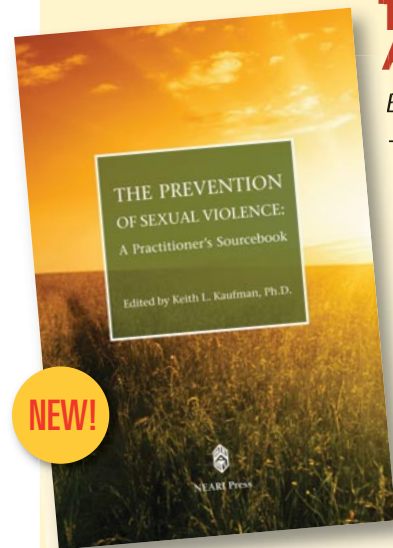
To make RESPECT work, the clinician must have integrated its principles as deeply as his/her clients. RESPECT begins with a "bow", a simple gesture with profound meaning, as recognized in every martial arts tradition. RESPECT's seven step process integrates the elements of relapse prevention, thinking errors work, multi-sensory and brain-based approaches to learning. Successfully incorporated into programs in the USA and internationally, the author sets forth the core principle of RESPECT: "I hope that this work will convey the essence of RESPECT to you, and I bow to you in mutual RESPECT for the invaluable work that you are doing."

#9889 Professional Manual (ISBN 978-1-929657-47-1) Paperback, 216 pages \$39.00 (full color)

#9890 Student Workbook (ISBN 978-1-929657-48-3) Paperback, 136 pages \$19.00

### SPECIAL PRICING:

#9891 Professional Manual and Student Workbook	\$52.00
#9893 Professional Manual plus 4 Student Workbooks	\$109.00
#9894 Professional Manual plus 10 Student Workbooks	\$189.00

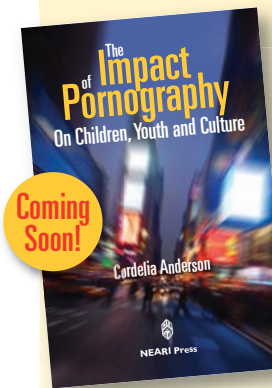


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Coming Soon!

## The Impact of Pornography on Children, Youth and Culture

By Cordelia Anderson

Rapidly changing technology has dramatically changed the reach of pornography. Unfortunately, today, pornography is often the prime source of sex education for our children and youth in America. Unfortunately because the content of this pornography is degrading and body punishing AND it is being marketed as normal.

This booklet offers a deeply researched and shocking overview of the impact of pornography on children and youth. The author also describes the clear shifts in our culture that demonstrates how yesterday's pornography is part of today's mainstream advertising for children. This booklet also provides clear information and resources about what can be done to counter the harm to our children and teens and offers practical tips about how to focus on and promote sexual and relational health.

#9971 (ISBN 978-1-929657-51-3) Booklet

## Contemporary Practice with Young People Who Sexually Abuse

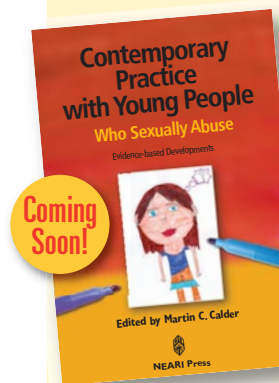
By Martin C. Calder

This latest collection of articles reflects the most recent developments in the field while offering practical information about how to apply these innovations to your practice. The internationally recognized authors from England, Scotland, Ireland, Canada and the United States span several different professional disciplines, providing you with a solid evidence-based foundation from which to work.

Just a sampling of the nearly 20 chapters cover topics such as: a new framework for assessing a child's risk to repeat concerning sexual behaviors (Tracey Curwen); a step-by-step approach to responding to concerning sexual behaviors in children and youth with learning disabilities (Joanne Butterworth and Tim Plan); typologies of adolescents who sexually harm and the associated risk factors, modus operandi and criminal activities (Nicole Hickey); and a CBT-based treatment approach to reducing shame and increasing responsibility with adolescents who have sexually offended (James Worling, Nina Josefowitz and Melissa Malter).

This volume offers the experienced practitioner invaluable information about the most recent developments and offers others interested in beginning this work a fascinating overview from which to start.

#9987 (ISBN: 978-1-929657-55-1) Hardcover, \$65.00



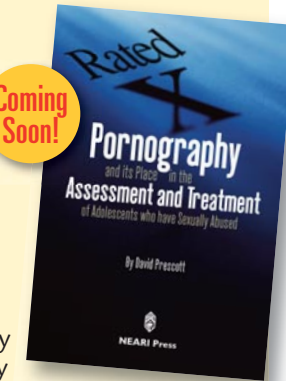
Coming Soon!

## Pornography and its Place in the Assessment and Treatment of Adolescents who have Sexually Abused

By David Prescott

No one thinks that exposure to pornography is a good idea for adolescents who sexually abuse, but what do we actually know from research? How should this inform our clinical practice? In this groundbreaking booklet, David Prescott addresses the research findings of this controversial topic. Taking this information, they explore the implications of this research for the assessment, treatment intervention, and the risk management of adolescents living in a sexualized culture. Most importantly, the booklet covers how the clinician can work with an adolescent in treatment to help him or her build a healthier future.

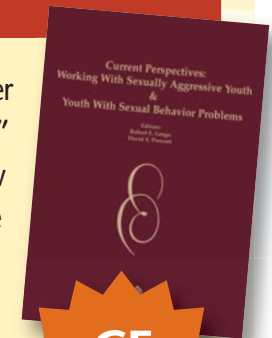
#9972 (ISBN 978-1-929657-52-0) Booklet



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Some of the edited volumes we offer are called "A Conference in a Box." This spring, we are piloting a new effort where you can receive continuing education credits for the books you read. Let us know if you would be interested in joining this pilot program for our book, *Current Perspectives*. Look for the announcement in our E-Newsletter or email us at [info@nearipress.org](mailto:info@nearipress.org) for more information.



CE CREDITS

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## Current Applications

### Strategies for Working with Sexually Aggressive Youth and Youth with Sexual Behavior Problems

Edited by David S. Prescott and Robert E. Longo

**Current Applications:** In this new volume, Prescott and Longo take the theory and science addressed in Current Perspectives and translates it into useful information for clinical practice. With the belief that a good book should be like attending a great three-day conference, the editors have assembled diverse perspectives from nationally recognized leaders as well as rising stars in the field. Current Applications addresses practical topics related to everyday clinical practice with young people who have sexual behavior problems, from making meaningful connections in treatment to building on the strengths of young people. The book goes beyond traditional sex abuse specific treatment approaches into new areas that will engage all aspects of the adolescent's development and his or her environment. Topics include working with developmentally delayed youth, building on client strengths, brain-based interventions, art therapy, considerations in using the polygraph, public policy, working through client resistance, and many others. Contributors to this excellent one-volume compendium include, but not limited to: Jack Apsche, Jill Levenson, Phil Rich, Steven P. Sawyer, Joann Schladale, and Ken Singer.

*"Current Applications is a daring and brave text. Breaking from much of the stodgy and deeply entrenched psychological theories of the past, this book delivers a humanistic approach to sexual abuse treatment."* — GERAL BLANCHARD

#9885 (ISBN 978-1-929657-43-8) Hardcover, 368 pages ~~\$99.00~~ \$69.00

## Stages of Accomplishment Workbooks

By Phil Rich

**Stages of Accomplishment Workbooks** are a set of four inter-related workbooks that assist in the treatment of sexually abusive or sexually troubled adolescents. Building from simpler ideas to more complex and richer concepts, the workbooks take youth through a series of guided exercises that touch on many of the most significant elements of treatment. An *"Introduction to Treatment, Stage 1"* focuses upon basic concepts and sets the foundation for the workbooks that follow. *"Understanding Yourself, Stage 2"* helps youth focus upon and understand emotions, behaviors, thoughts, and thinking errors. *"Understanding Dysfunctional Behavior, Stage 3"* identifies and works through behavioral cycles, safe behavior, and relapse prevention. *"Hitting The Target: Making Change Permanent, Stage 4"* addresses empathy, victim awareness, community service, communication skills, and healthy relationships.

Augmenting individualized treatment, the workbooks are designed to be used in community-based or residential care settings. The accompanying *Clinician's Manual* will help guide therapists in their use of the workbooks, and includes supplemental tests to ensure retention of learning. Designed for use with adolescent boys of average cognitive abilities, the guide offers concrete ideas for adapting the workbooks to other populations of sexually abusive youth.

*"Phil Rich understands both the theory and front lines of treatment. These volumes are clear, easy to use, and show the teen how to get to a healthier place. For the clinician, the workbooks provide the needed flexibility to tailor the treatment program to each client."*

— David Prescott, author of *Assessing Youth Who Have Sexually Abused*.

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| #9991 | <i>Clinician's Manual</i>                                   | (ISBN: 978-1-929657-41-4) Paperback, 96 pages \$15.00  |
| #9992 | <i>Introduction to Treatment, Stage 1</i>                   | (ISBN: 978-1-929657-37-7) Paperback, 72 pages \$12.00  |
| #9993 | <i>Understanding Yourself, Stage 2</i>                      | (ISBN: 978-1-929657-38-4) Paperback, 96 pages \$14.00  |
| #9994 | <i>Understanding Dysfunctional Behavior, Stage 3</i>        | (ISBN: 978-1-929657-39-1) Paperback, 120 pages \$14.00 |
| #9995 | <i>Hitting the Target: Making Change Permanent, Stage 4</i> | (ISBN: 978-1-929657-40-7) Paperback, 168 pages \$16.00 |

### SPECIAL PRICING:

- #9996 Clinician's Manual + All Workbooks, (\$71.00) Special Price \$49.00  
 #9997 Package of ALL 4 Workbooks, (\$56.00) Special Price \$39.00  
 Bulk Prices: 2-5 packages \$36.00, 6-11 packages \$33.00, 12+ packages \$30.00

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## Current Perspectives

### Working With Sexually Aggressive Youth and Youth With Sexual Behavior Problems

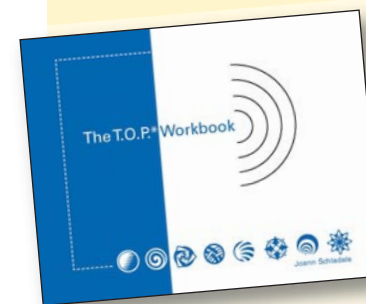
Edited by Robert E. Longo and David S. Prescott

**Current Perspectives** represents the best thinking and practice from leaders and front-line workers who assess and treat sexually aggressive and abusive adolescents and young people with sexual behavior problems. With chapters ranging from considerations of diversity to ethics and developing integrity, from developmental concerns in pre-pubertal clients to girls with sexually abusive behaviors, from research on resilience to an examination of attachment styles, from drama therapy to neurological impacts, Current Perspectives is the best one-volume compendium available. Drawing on the expertise of contributors including John Hunter, Toni Cavanagh Johnson, Susan Robinson, Tony Morrison, Judith Becker, Lisa Frey, William Friedrich, Jane Gilgun, Barbara Schwartz, Robert Prentky, Joann Schladale, Steve Bengis, Penny Cuninggim, and Martin Calder, among many others, editors Rob Longo and David Prescott offer the equivalent of a three-day seminar in print form. Every juvenile treatment program should make this rich resource available for its administrators, clinicians, protective service workers, and professionals working in the juvenile justice system.

#9860 (ISBN 978-1-929657-26-1) Hardcover, 720 pages \$99.00

### SPECIAL PRICING:

#9892 Current Applications and Current Perspectives, ~~\$198.00~~ \$149.00



## The T.O.P. Workbook For Taming Violence and Sexual Aggression

By Joann Schladale

**The T.O.P. (Trauma Outcome Process) Workbook for Taming Violence and Sexual Aggression** is an easy to read workbook for youth who have exhibited violent and/or sexually aggressive behavior. It addresses challenges children and adolescents face in making decisions about getting into trouble versus staying out of trouble. The narrative approach utilizes a life course perspective based upon theories of human and family ecology. The premise of the workbook is to support youth in developing an awareness of how they came to commit acts of violence and sexual aggression and how they can choose to tame such behavior.

The workbook has been effectively used with a variety of youth populations including those with developmental disabilities, and is intended for use in both community-based and residential treatment settings.

The Clinician's Manual for this workbook is available for FREE. Just go to Schladale's books on the NEARI website ([www.nearipress.org](http://www.nearipress.org)) to download your free copy.

*"While this workbook includes the discussions of abuse, power, secrecy, anger, and other elements that one would expect, Schladale emphasizes the strength and courage it takes for a youth to become the person they want to be."* — David Prescott

#9984 (ISBN 0-9721401-0-7) Paperback, 128 pages. \$24.00

## The T.O.P. Workbook For Sexual Health

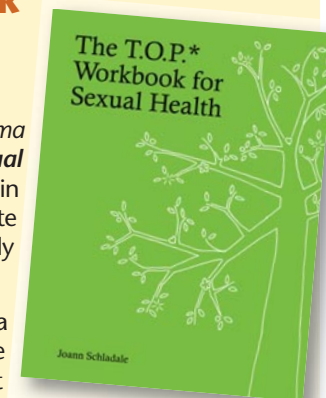
By Joann Schladale

The purpose of **The T.O.P. (Trauma Outcome Process) Workbook for Sexual Health** is to support young people in making clear decisions that promote health and well-being, particularly sexual health.

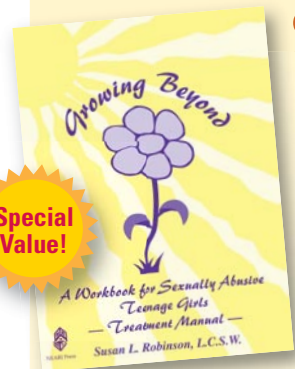
The T.O.P. Workbook provides a structured approach for exploring the impact of previous trauma on current behavior. The Trauma Outcome Process is designed to simply examine how painful life experiences impact thoughts, feelings, physiological reactions, and behavior. The workbook has been peer reviewed by licensed mental health clinicians working in child welfare and community health. It was piloted with youth in independent living programs and those aging out of foster care.

The workbook represents an integration of clinical material relating to trauma and sexual decision-making from a variety of sources and professional disciplines into a format that any young person will understand.

#9985 (ISBN 0-9721401-1-5) Paperback, 128 pages \$19.00



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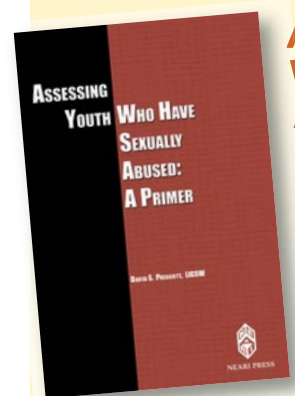
## Growing Beyond Treatment Manual:

*A Workbook For Sexually Abusive Teenage Girls*

**Treatment Manual**  
By Susan L. Robinson

*Growing Beyond Treatment Manual* is the therapist and clinician's guide to Susan Robinson's first-of-its-kind workbook for adolescent females who sexually abuse. This essential companion manual explains the purpose for each chapter in the workbook, provides answers to the self-administered workbook quizzes, lists web sites and other resources for information on working with adolescent females, and includes original experiential exercises to be used with each workbook chapter.

#9842 (ISBN 978-1-929657-15-5) Paperback 42 pages  
~~\$25.00~~ \$10.00



## Assessing Youth Who Have Sexually Abused:

*A Primer*

By David S. Prescott

*Assessing Youth* introduces the reader to the goals, principles, techniques, instruments, and pitfalls of assessing young people. Prescott differentiates clearly between assessments of adults and those of adolescents and addresses areas of risk that can serve as treatment goals. He provides considerations for developmental needs, brief interview suggestions, and links to resources. *Assessing Youth* is the most user-friendly primer available.

#9867 (ISBN 978-1-929657-27-8)  
Paperback, 98 pages \$23.00

## Growing Beyond:

*A Workbook For Teenage Girls*

**Client Workbook**  
By Susan L. Robinson

Susan Robinson has written a first-of-its-kind workbook for female adolescents who sexually abuse. The OJJDP has confirmed that differences between female and male clients and patients require gender-specific treatments. *Growing Beyond* is an excellent resource for those approaches, focusing on telling what they did, dealing with their own victimization, realizing the impact of abuse on themselves and those they abused, developing positive sexuality, and building self-esteem. Each chapter includes homework assignments and exercises.

#9843 (ISBN 978-1-929657-17-9) Paperback 216 pages  
\$28.00

#9878 Set (1 Workbook, 1 Manual)  
\$32.00



## Space Invaders – A Game About Boundaries

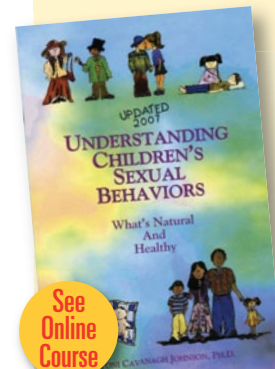
By Toni Cavanagh Johnson

*Space Invaders - A Game About Boundaries* provides a fun way for groups and families to discuss and work on establishing clear boundaries. The game does not require a therapist to play. However, the game gives the therapist a playful way to look into the family or group dynamics and allows the therapist to help each participant define consistent, healthy boundaries.

The package includes special instructions for using the game when there have been emotional, physical or sexual boundary violations in the home. This game is also very useful when there have been allegations of sexual abuse, but uncertainty about what may have actually happened.

There are two sets of 80 brightly colored cards. The game is easy to learn and fun to play. It can be played like "Concentration" or "Go Fish." The whole family will enjoy playing it.

#9975, Game  
\$20.00



See Online Course

## Understanding Children's Sexual Behaviors:

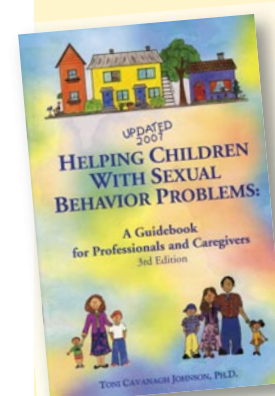
*What's Natural and Healthy*

By Toni Cavanagh Johnson

This easy-to-read, highly informative, and practical 28-page booklet for parents, teachers, school counselors, social workers, CASA, police, and anyone else who wants to understand children's sexual behaviors includes:

- A definition of natural and healthy sexual behavior
- Twenty characteristics of problematic sexual behavior in children
- Charts: sex and sexuality in preschool through fourth-grade children
- Has my child been sexually abused?
- Do victims become perpetrators?
- How serious is it if my child is engaging in problematic sexual behaviors?
- A continuum of problematic sexual behaviors
- Getting help for sexual behavior problems

#9872 (ISBN 10-978-188-294-8) Paperback, 28 pages.  
Package of 5 for \$12.50



## Helping Children with Sexual Behavior Problems:

*A Guidebook for Professionals and Caregivers*

By Toni Cavanagh Johnson

This companion booklet to *Understanding Children's Sexual Behaviors: What's Natural and Healthy*, contains straightforward, easy-to-read information in the following areas:

- Some reasons children may engage in problematic sexual behaviors
- Decreasing problematic sexual behavior in children
- Encouraging healthy boundaries
- Parenting children with sexual behavior problems
- Handling sexual behavior problems in school
- Assessment and treatment of children with sexual behavior problems
- Special issues for substitute parents
- Helpful resources for teaching children about sex and sexuality

#9873 (ISBN 1-882948-18-1) Paperback, 44 pages.  
Package of 5 for \$17.50

## Sexuality Curriculum For Abused Children and Young Adolescents and Their Parents

By Toni Cavanagh Johnson

This curriculum of over 50 structured exercises – for use with children six years old up to young adolescents, and their parents – is specifically designed to combat negative effects of abuse and neglect on the sexual development of young people. Thought-provoking exercises engage youth and parents in discussions toward a deeper understanding of abuse, including: sexual values; attitudes, values, and sexual behavior; myths; sexual object choice; boundaries; sexual harassment; puberty; conception and contraception; and STDs. Parents learn how to talk to children and adolescents about sexuality and to respond appropriately to their sexual behaviors. Youth get tips on how to talk to their parents about sex. Parents, young adolescents and children together and separately complete exercises, games and role-plays with eye-catching, appealing, hand drawn graphics.

#9874 Paperback, 183 pages  
\$27.00

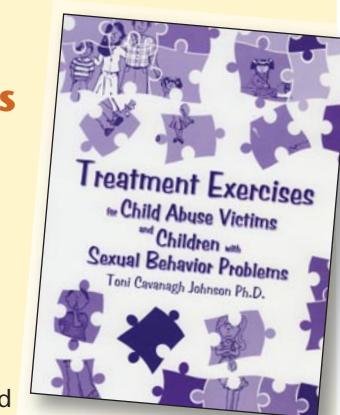


## Treatment Exercises For Child Abuse Victims And Children With Sexual Behavior Problems

By Toni Cavanagh Johnson

More than 50 specific and focused exercises help children and their parents meet each of ten treatment goals for children with sexual behavior problems. Each exercise has four parts and the instructions provide detailed descriptions for each exercise. A detailed chapter on teaching children the skills they need to contain their sexual and other impulsive behaviors is included. Many exercises have appealing hand-drawn graphics which can be duplicated. Includes assessment instruments.

#9875 Paperback, 210 pages  
\$27.00



## The Safe Workbook For Youth:

*New Choices For A Healthy Lifestyle*

By John McCarthy & Kathy MacDonald.

*The SAFE Workbook for Youth* is time-tested curriculum for youth who experience problems with social and interpersonal skills. It covers such topics as communication and self-esteem, dealing with feelings, good relationships, empathy, and establishing a balanced lifestyle. Authors John McCarthy and Kathy MacDonald from the SAFE Program in New Zealand have written an easy-to-read and easy-to-understand workbook, with exercises, homework assignments, and a self-administered test in each of the six chapters.

#9841 (ISBN 978-1-929657-14-8) Paperback, 210 pages  
\$20.00

## Try And Make Me!

*Power Struggles: A Book of Strategies For Adults Who Live and Work with Angry Kids*

By Penny Cuninggim

From its evocative title to the insightful strategies it contains, *Try and Make Me!* decodes power struggles between adults and the acting-out kids in their care. Who is responsible for power struggles and why do they occur? Why do kids start them and what's the payoff? Penny Cuninggim has answers and techniques to effectively prevent, respond and defuse power struggles, drawing over 30 years of experience in residential and day settings. *Try and Make Me!* is a practical resource for expanding the caregiver's repertoire of positive responses and a must-read for parents and foster parents, public and special education teachers, therapists and counselors, child-care and group home staff, guardians ad litem, and case workers.

#9857 (ISBN 978-1-929657-23-0) Paperback, 112 pages  
\$14.00

## Lessons From The Lion's Den

*Therapeutic Management of Children In Psychiatric Hospitals and Treatment Centers*

By Nancy S. Cotton

*Lion's Den* is a compassionate and inspirational guidebook for clinicians working with hard-to-reach emotionally disturbed children that outlines specific actions to apply to daily situations and behavioral crises. Distilling her work with 600 child clients into clinical vignettes, Cotton explains with humor, honesty and wisdom the why behind the what, showing how to involve families and avoid professional burnout. Her updated preface points the way toward adapting her methods for briefer stays and less restrictive environments.

#9858 (ISBN 978-1-929657-24-7) Paperback, 316 pages  
~~\$34.00~~ \$19.00

## Smoothies For The Brain:

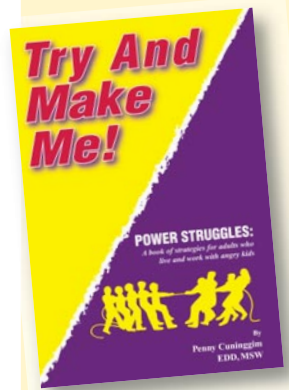
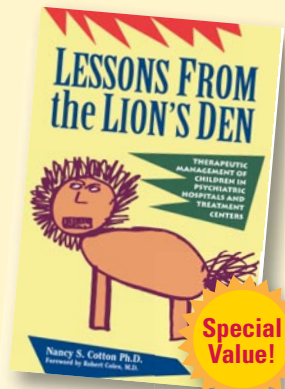
*Brain-Based Strategies To Defuse Behavior Problems in the Classroom*

by Penny Cuninggim and Shannon Chabot

This ready-reference is perfect for teachers looking for new and different ways to prevent or defuse behavior problems in the classroom. These simple, easy-to-use strategies are grounded in research on the connection between the brain, learning, and behavior. The booklet describes 16 Smoothies, each with a sample scenario that can be used at all school grade levels, with one student or a group, and without disrupting classroom routines. Every brain-based strategy has been used successfully by countless teachers across the country to de-escalate one unhappy child or to shift a whole classroom from negative to positive energy.

*"Smoothies for the Brain teaches the reader practical, easy to understand, and extremely useful exercises that have been demonstrated to calm yet energize the body and mind of both young and old."* — Robert E Longo, author of *Paths to Wellness*

#9876 (ISBN 978-1-929657-35-3) Paperback 48 pages \$5.95



## Moving Beyond:

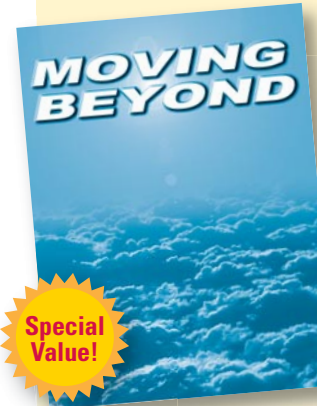
*Relapse Prevention Student Manual*

*Client Workbook*  
By Thomas F. Leversee

In *Moving Beyond* Tom Leversee has upgraded and revised traditional approaches to enhance the teaching of Relapse Prevention to adolescents. Clear goals and strong structure provide a firm grounding for young people dealing with their sexually abusive behaviors. With no sense of being talked down to, adolescents begin learning their relapse chains and what goes into relapse prevention plans from the first page.

#9844 (ISBN 978-1-929657-18-6) Paperback 52 pages  
~~\$20.00~~ \$12.00

Special Value!



## Responsibility & Self-Management:

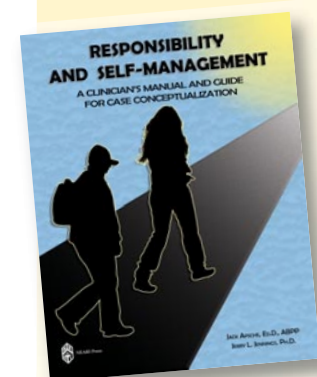
*A Client Workbook of Skills to Learn*

By Jack Apsche and Jerry L. Jennings

Jack Apsche and Jerry Jennings have developed this unique workbook specifically for adolescent treatment

based on research and clinical trials. Using principles of Evidence Based Treatments and intended for use in both out-patient and in-patient practices, the book addresses multiple issues, including aggression, anger, defiance, and sexually inappropriate behaviors. *Responsibility & Self-Management* looks at how the client's life brought him to a therapist and provides a functional analytic blueprint to treatment.

#9868 (ISBN 978-1-929657-29-2) Paperback, 224 pages  
\$23.00



## Moving Beyond Sexually Abusive Behavior:

*A Relapse Prevention Curriculum*

*Therapist Manual*  
By Thomas F. Leversee

This curriculum is a comprehensive guide and manual for therapists on how best to teach Relapse Prevention to adolescents. It builds an unambiguous, strong structure for making clear the lesson of permanently stopping sexually abusive behaviors. The curriculum sets a foundation; identifies internal and external factors that increase risk; recognizes new coping skills; and outlines the requirements of external supervision during transition and aftercare.

#9845 (ISBN 978-1-929657-16-2) Paperback 88 pages  
~~\$25.00~~ \$10.00

#9880 Set (1 Workbook, 1 Manual)  
\$18.00

## Responsibility & Self-Management:

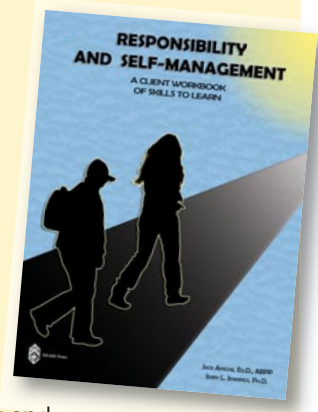
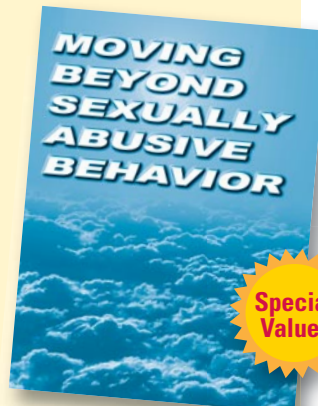
*A Clinician's Manual and Guide for Case Conceptualization*

By Jack Apsche and Jerry L. Jennings

The Clinician's Manual provides the tools to take a careful measure of how and why a youngster got to this place in life. In conjunction with the *Responsibility & Self-Management Client Workbook*, it guides therapists to pinpoint the function of the youngster's problem behavior(s) and to develop a specific intervention for that client. Using methodologies based on evidenced based treatments, the manual focuses and enhances the treatment process, addressing multiple behaviors seen in both in-patient and out-patient treatment placements.

#9869 (ISBN 978-1-929657-28-5) Paperback, 118 pages  
\$17.00

#9879 Set (1 Workbook, 1 Manual)  
\$32.00



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### Balancing Acts: Keeping Children Safe in Congregations

**Instructors:**  
Reverend Debra W. Haffner and Joan Tabachnick, MBA

Developed in collaboration with the Unitarian Universalist Association, this groundbreaking course offers information, policies, and procedural suggestions to create congregations where children and youth are safe from sexual abuse. If you are part of a faith community, this course will provide you with the essential tools for a comprehensive approach to safety and prevention. **Cost: FREE**



Rev. Debra W. Haffner



Joan Tabachnick

### Building Learning Activities the Brain-Based Ways

**Instructor: Penny Cuninggim, Ed.D., MAT, MSW**

Brain-based teaching is a new and rapidly growing field that is improving classroom practice. This course introduces: 1) important research-based principles about how the brain learns best; and 2) related brain-based strategies for designing effective learning activities in schools, residential programs, counseling settings, and after-school programs. This course will be helpful for educators, counselors, and child care providers who need to create and teach knowledge and skills to elementary, middle, and high school-aged students. **Cost: \$35 (3 CEUs\*)**



Penny Cuninggim

### Current Practice for Treating Adolescents Who Have Sexually Abused

**Instructor: David Prescott, MSW**

Nationally recognized for his training programs, books, and articles on treating kids who have sexually abused, David Prescott has developed this course for anyone who wants to understand these adolescents' complex and diverse treatment needs. The course reviews what we know and don't know about this population, places it in the context of their development, and describes the key elements of effective treatment. If you ever plan to refer an adolescent to specialized treatment or want to get current on the most recent research regarding their treatment, this course is an essential building block to your work. **Cost: \$45 (4 CEUs\*)**



David Prescott

### Understanding Children's Sexual Behaviors – From Natural and Healthy to Disturbed

**Instructor: Toni Cavanagh Johnson, Ph.D.**

Dr. Johnson is a licensed clinical psychologist, author, and internationally recognized researcher and trainer in the field of child sexual abuse. Her essential course helps people working with children understand how to distinguish the expected behaviors related to sex and sexuality in young children from behaviors that are of concern and require intervention. **Cost: \$45 (4 CEUs\*)**



Toni Cavanagh

### Stopping Sexual Abuse Through Intervention with Sexually Abusive Youth

**Instructor: Steven M. Bengis, Ed.D., LCSW**

This introductory online course covers how best to identify and intervene with youth who exhibit sexually abusive behaviors — to prevent them from hurting any other victims. Take this course if you want an overview of how sex abuse-specific assessment, case management, and treatment can help give a teenager the opportunity to live an abuse-free life. **Cost: \$45 (4 CEUs\*)**



Steven M. Bengis

### First Responders: Responding to Sexual Assault Disclosures (NEW)

**Jaime Suvak, MS, Boston Area Rape Crisis Center**

This course presents an innovative model for responding to a disclosure of sexual violence. It stresses the importance of a supportive response to reduce secondary trauma and to encourage the survivor to seek further care. This approach trains staff in college and university settings to respond to disclosures emphasizing four key areas: Safety, Empowerment, Empathy, and Knowledge (SEEK). This course is an essential tool for creating a safe point of entry for anyone choosing to disclose the sexual violence they experienced. **Cost: \$30 (2 CEUs\*)**



### Engaging Bystanders in Sexual Violence Prevention

**Instructor: Joan Tabachnick, MBA**  
Sponsored by the National Sexual Violence Resource Center (NSVRC)

Based upon the award winning NSVRC publication of the same name, this one hour workshop is designed to give advocates, professionals, and interested individuals basic information about bystander intervention. This workshop will give an introduction to why people don't act and what we have learned about engaging people and encouraging them to take action on such a difficult topic. You can also order or download the free publication at [www.nsvrc.org](http://www.nsvrc.org). **Cost: FREE**

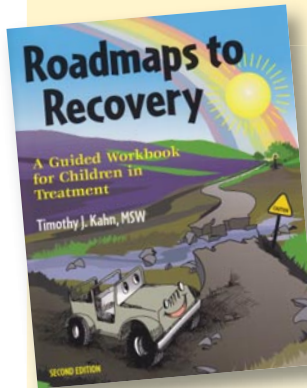


Joan Tabachnick



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## Roadmaps to Recovery

By Timothy J. Kahn  
Safer Society Press

Since its first publication in 1999, the *Roadmaps to Recovery* workbook has been helping boys and girls ages six to twelve overcome sexual behavior problems. Now Timothy J. Kahn (co-author of *Footprints*) has thoroughly updated, revised and enhanced the material, including additional emphasis on becoming a Survivor.

*Roadmaps to Recovery* incorporates many components of trauma-focused Cognitive Behavioral Therapy to facilitate a core evidence-based intervention. Therapy is broken down into 16 distinct steps to help children learn healthier behaviors.

Buzzbee, the cartoon jeep, helps young clients navigate these chapters and exercises and provides a comfortable context within which to establish and maintain the therapeutic dialogue.

With compassion and humor, Tim Kahn has made the second edition of *Roadmaps to Recovery* an even more powerful tool for helping abuse-reactive children change from victims to survivors and learn to develop healthier behaviors along the way.

#9976 (ISBN 978-1-884444-77-7) Paperback 184 pages  
\$22.00



## Promoting Healthy Childhood Development Today:

*A Guide for Parents and Caregivers*

By James R. Harris, Jr.

Combining accepted child rearing techniques with contemporary approaches in caring for children, this guide offers support for parents, foster parents, or residential facility staff. Harris recognizes the importance of adults consistently demonstrating the desired behavior and intervening in the child's uncritical acceptance of negative media messages. He uses uncommon sense to address common areas of concern, including bedtime battles, aggression, drugs and alcohol, school-related anxiety, and the Internet. The recent revision includes chapters on forming networks and on designing systems to enhance programmatic success.

#9870 (ISBN 978-1-929657-30-8) Paperback, 92 pages  
\$17.00

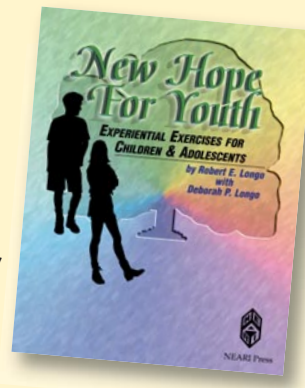
## New Hope For Youth:

*Experiential Exercises For Children and Adolescents*

By Robert E. Longo with Deborah Price Longo

Children and adolescents have many styles of learning and often respond to experiential exercises when sit-down talk therapy does not work. *New Hope for Youth* offers over 70 experiential exercises that can be used with children and adolescents. Beginning with a brief overview of child development, authors Rob and Deborah Longo review the basics of doing experiential work, offer facilitator guidelines, and provide four levels of exercises for clients.

#9849 (ISBN 978-1-929657-20-9) Paperback 142 pages  
\$19.00



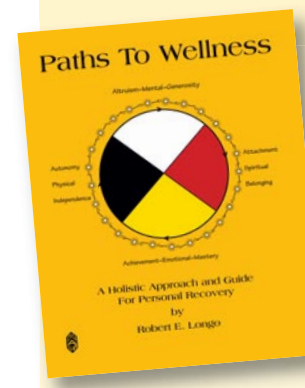
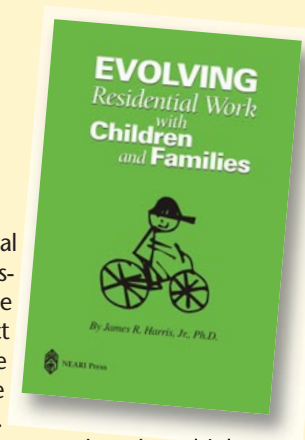
## Evolving Residential Work with Children and Families

By James R. Harris, Jr.

Harris delves into the ethical and practical issues facing professionals, from administrators to direct care workers in the residential field. His insistence on respect for the children in care and the empowerment of their families while they are in the system shines through. His commitment to helping administrators and workers think through issues can only help improve services, even in tough budget times. This updated and expanded volume is a must-have for managers and staff looking at the larger picture and for staff at all levels working in residential care facilities.

*"Jim Harris has written another stimulating book that will help new and experienced professionals meet the needs of kids who have been removed from their homes. This remains an outstanding resource for youth care workers and supervisors."* — Charles Appelstein, MSW, Appelstein Training Resources, LLC Author of *Gus Chronicles* and *No Such Thing as a Bad Kid*

#9877 (ISBN 978-1-929657-36-0) Paperback, 160 pages  
\$24.00



## Paths To Wellness: A Holistic Approach And Guide For Personal Recovery

By Robert E. Longo

*Paths to Wellness* (2001) focuses on clients who present with any of three major problem areas: alcohol and substance abuse; violent and assaultive behaviors with anger issues; and inappropriate, abusive, or illegal sexual behaviors. Written in language that is easy to read and understand, the book can be used by both adolescent and adult clients and patients in conjunction with inpatient and community-based treatment programs, self-help groups, and in other settings. This unique guide teaches readers to understand their unhealthy cycles of acting out and how to move into healthy lifestyles. Chapter topics include accepting problems, denial, the four basic needs, the four aspects of self, core values and beliefs, healthy and unhealthy cycles, relapse prevention, interventions, and more, including homework assignments and exercises with each chapter.

#9839 (ISBN 978-1-929657-13-1) Paperback 144 pages  
\$24.00

## Paths To Wellness en Español!

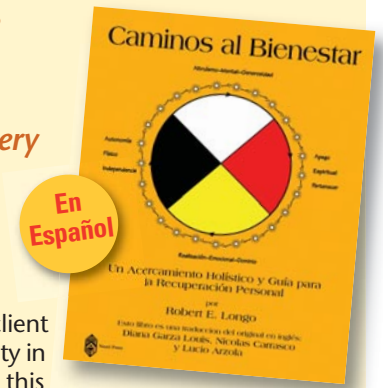
*A Holistic Approach And Guide For Personal Recovery*

By Robert E. Longo  
Translated by Diana Garza Louis, Nicolas Carrasco, and Lucio Arzola

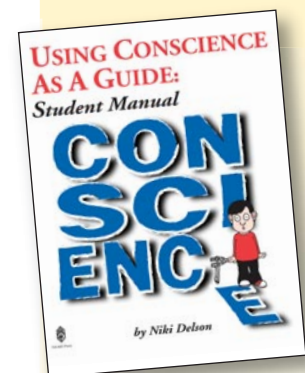
To reach out to a growing client population that may have difficulty in English, NEARI Press has had this widely used and complete book translated into Spanish.

For a sample of the translation, check our online catalog: <http://www.nearipress.org>.

#9871 (ISBN 978-1-929657-31-5) Paperback, 144 pages  
\$24.00



## Working With Adults



## Using Conscience As A Guide: Student Manual

By Niki Delson

This manual for clients with sexual behavior and sexual aggression problems includes a 16-week curriculum, homework assignments and appendices to help them understand and increase their awareness of conscience and its role in making moral and behavioral choices.

It's a unique approach that can supplement and deepen traditional relapse prevention learning.

#9855 (ISBN 978-1-929657-19-3) Paperback 52 pages  
\$12.00

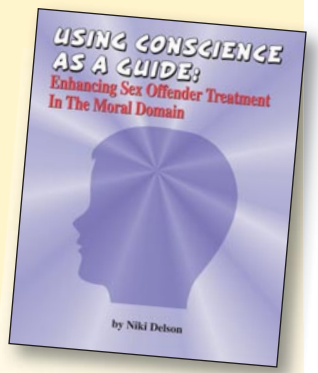
## Using Conscience As A Guide: Enhancing Sex Offender Treatment in the Moral Domain

By Niki Delson

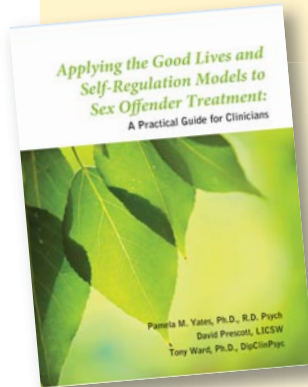
Conscience theory brings together five domains of moral development and functioning: attachment; moral-emotional responsiveness; personal value systems; values in action; and conscience. Niki Delson's work addresses a major task in treating patients with sexual behavior and sexual aggression problems by teaching therapists and treatment providers how to work with conscience and conscience development with a 16-week curriculum.

#9854 (ISBN 978-1-929657-22-3) Paperback, 104 pages  
\$14.00

#9881 Set (1 Book, 1 Workbook)  
\$20.00







## Applying the Good Lives and Self-Regulation Models to Sex Offender Treatment

By Pamela M. Yates, David Prescott, Tony Ward

Safer Society Press

Here for the first time is a comprehensive guide to *Applying the Good Lives and Self-Regulation Models to Sex Offender Treatment*. The authors present the two models as a combined program to achieve two goals with offenders: building a lifestyle incompatible with offending and effectively managing risk. This book is a thorough, step-by-step guide that first lays the groundwork with the fundamentals, continues with sections on assessment and treatment, and wraps up with post-treatment maintenance and supervision.

A practical, common-sense guide written specifically for clinicians from the leading Good Lives experts, this is a book that should be part of the library of everyone who treats or manages sex offenders.

*Both veteran clinicians and clinicians new to the field will find this to be a valuable asset. This is a must read for anyone who truly wants to be effective in working with sexual offenders.*  
— ATSA Forum Review

#9982 (ISBN 978-1-884444-87-6) Paperback, 32 pages  
\$45.00

## Sex & The Internet: A Guidebook For Clinicians

Edited by Al Cooper Taylor & Francis Publishers

Focusing on treatment and assessment issues and the clinical implications of cybersex, this authoritative compilation provides mental health professionals with an analysis of empirical evidence and research on the impact of the Internet use on couples and families, gay men, people with disabilities, children, and the workplace. Edited

by one of the leading researchers, clinicians and authors in the complex field of sex and the Internet, this book informs and provides practical and concrete suggestions and directions.

#9850 (ISBN 1-58391-355-6) Paperback 290 pages  
\$35.00

## Building Motivation for Change in Sexual Offenders

Edited by David S. Prescott

Safer Society Press

No credible evidence exists to prove that punishing people reduces their willingness to cause harm again. In fact, research indicates that a harsh, confrontational approach does not work over the long term. So how do you motivate your tough clients? How do you create a client/therapist environment that promotes your client's willingness to change?

David S. Prescott has assembled this leading-edge, professional resource to begin answering these questions. The book includes both theoretical and concrete approaches that focus on problems many, if not most, professionals have experienced. These include: helping clients to envision a more fulfilling life; working effectively with clients in denial; understanding the steps by which clients become ready to change; and effective practices for those who supervise clinicians working with sexual abusers.

*Building Motivation for Change in Sexual Offenders* opens the door on new approaches for professionals working with people who have sexually abused.

#9977 (ISBN 978-1-884444-82-1) Paperback, 256 pages  
\$35.00

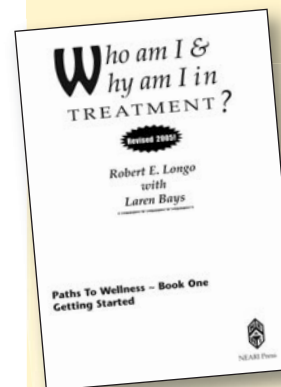
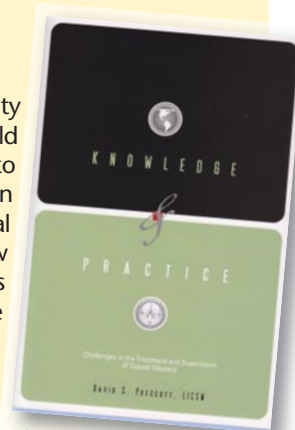
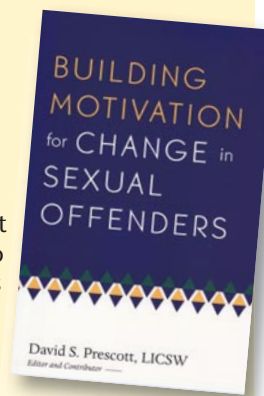
## Knowledge & Practice

Edited by David S. Prescott

*Knowledge & Practice* offers the opportunity to learn from the leading experts of the field about applying knowledge and research to real-world treatment of sexual abusers. In each chapter, the author describes personal research applications and suggests how others can learn from and apply this knowledge. Edited to highlight diverse voices, *Knowledge & Practice* brings together leading professionals in the field to produce a conference-in-a-book.

Among the chapters are: Sex Offender Policies in the 21st Century (Jill S. Levenson), Sex Offender Specialists and Their Costumes (Jan Hindman), Understanding Victimization Among Sexual Abusers (Dominique A. Simons), Preparatory Programs for Sexual Offender Treatment (L.E. Marshall & W.L. Marshall), Cognitive-Behavioral Treatment for Children with Sexual Behavior Problems (Melissa Carpentier, Jane Silovsky & Mark Chaffin), Building Coping Skills in Treatment (Franca Cortoni & Mark Carich) and Risk Assessment in the 21st Century (Anthony Beech and Tony Ward).

#9986 (978-1-885473-76-9) Paperback 476 pages  
\$39.00

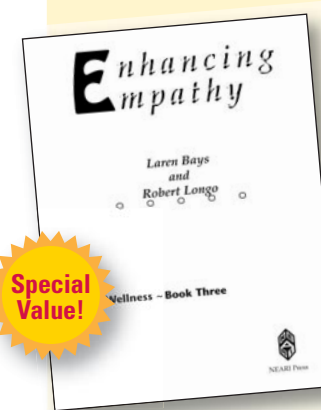


## Who Am I And Why Am I In Treatment?

By Robert E. Longo with Laren Bays

This classic workbook for sexual abusers introduces clients to assessment and treatment, helping them understand why they sexually abuse, why they deny it, and what to expect in treatment. Chapters include: Why Am I in Treatment, What is Evaluation, How Did I Become a Sex Offender, Stages of Recovery, and more. Each chapter includes homework and exercises. *Who Am I and Why Am I in Treatment* is now in its 18th printing!

#9832 (ISBN 978-1-929657-01-8) Paperback, 85 pages  
\$20.00



## Enhancing Empathy (previously published as Empathy & Compassionate Action)

By Laren Bays & Robert E. Longo

Revised and updated, *Enhancing Empathy* helps clients work on developing their own empathy for others. The workbook clarifies in simple, concrete terms the difference between self-pity and empathy, details the effects of sexual abuse on victims, describes steps toward building empathy, warns about the four poisons that prevent empathy, describes in detail compassionate actions, and points the way toward a balanced life. Each chapter includes homework and exercises.

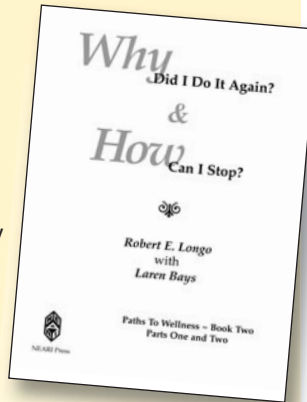
#9835 (ISBN 978-1-929657-04-9) Paperback 77 pages  
~~\$22.00~~ \$17.00

## Why Did I Do It Again & How Can I Stop?

By Robert E. Longo with Laren Bays

These two classic workbooks have now been combined into a single volume. This volume expands on the standard relapse prevention workbook, teaching clients about cycles of abuse, the sexual abuse cycle, thoughts, feelings and behaviors that make up cycles, values clarification, relapse prevention, and basic interventions for cognitive distortions, mismanaged emotions, behavioral problems and more. Each chapter includes homework and exercises. *Why Did I Do It Again & How Can I Stop?* is now in its 9th printing!

#9838 (ISBN 978-1-929657-11-7) Paperback, 184 pages  
\$25.00



## Men & Anger: Understanding And Managing Your Anger

By Murray Cullen & Robert E. Freeman-Longo

Whatever inappropriate behaviors male clients present, chances are there are anger issues somewhere in the mix. *Men & Anger* is a classic text using relapse prevention techniques to teach effective anger management for men. Each chapter includes homework assignments and exercises.

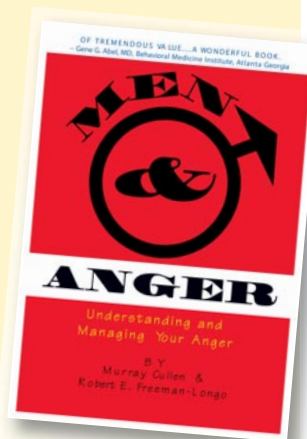
*"... of tremendous value ... a wonderful book."*

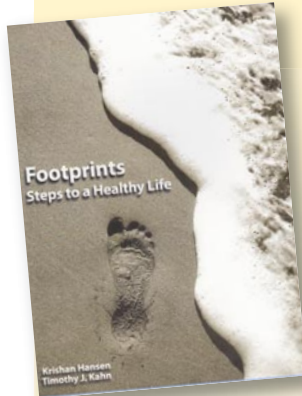
— Gene G. Abel, MD,  
Behavioral Medicine Institute, Atlanta Georgia

*"This new expanded version of Men & Anger is even better than the original."*

— William Marshall, Ph.D. Professor of Psychology,  
Kingston, Ontario, Canada.

#9836 (ISBN 978-1-929657-12-4) Paperback, 125 pages  
\$25.00





### Footprints: Steps to a Healthy Life

By Krishan G. Hansen and Timothy J. Kahn

Safer Society Press

Developmentally disabled individuals experience sexual and physical abuse at rates 50 to 60 percent higher than that of other groups. They are also much more prone to demonstrate "sexual behavior problems" due to cognitive delays, misinformation by caregivers and professionals, experiences of abuse, counterfeit deviance, lack of exposure to appropriate partners, and general desexualization by society. Until now, treatment providers had few legitimate tools for working with this population.

*Footprints: Steps to a Healthy Life* is for developmentally disabled adults and adolescents with sexual behavior problems, clients with learning disabilities, attention deficits, and less than average cognitive abilities. This workbook provides a practical approach and offers concrete exercises and easy client activities to make treatment more effective for this particular population.

#9979 (ISBN 978-1-884444-74-6) Paperback, 256 pages  
\$24.00

## For The Developmentally Disabled Client

### Healthy Choices:

#### Creative Ideas For Working With Sex Offenders with Developmental Disabilities

By Tim Horton and Tracey Frugoli

Using graphics and art therapy techniques, *Healthy Choices* compiles creative ideas designed for developmentally delayed sex offenders. It includes the cycle, relapse prevention plan, and thinking errors enhanced with icons for clients who have difficulty reading, flashcard templates, group and individual treatment activities, and a copyright agreement for worksheets for your clients.

*"If you are pulling your hair out working with DD sex offenders, this book is for you. It provides practical solutions that can be put into immediate use. Numerous exercises can be generalized to both juveniles and adults ... regardless of IQ."* — Scott Smith, MA,

LCPC Clinical Therapist Supervisor.

Department of Corrections, Illinois Youth Center, Kewanee, IL.

#9861 (ISBN 0-1-9728515-1-8) Paperback, 121 pages  
\$30.00

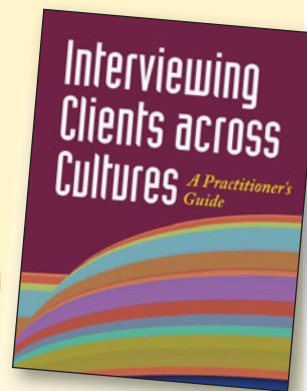
### Interviewing Clients Across Cultures: A Practitioner's Guide

By Lisa Aronson Fontes

Guilford Publication

Packed with practical pointers and examples, this indispensable, straight-talking guide helps professionals conduct productive interviews while building strong working relationships with culturally and linguistically diverse clients. Chapters cover avoiding different types of bias; verbal and nonverbal ways to build rapport and convey respect; how to overcome language barriers, culturally competent interviews with children and adolescents; and key issues in working with immigrants and refugees. Every chapter concludes with thought-provoking discussion questions and resources for further reading.

#9883 (ISBN 978-1-60623-405-1) Paperback, 334 pages  
\$24.00

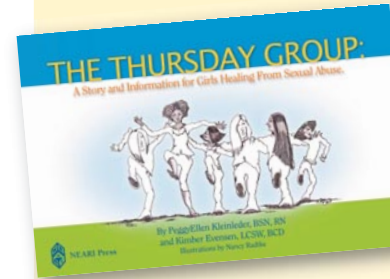


### The Thursday Group:

#### A Story and Information for Girls Healing From Sexual Abuse

By PeggyEllen Kleinleder and Kimber Evensen

Illustrations by Nancy Radtke



Kleinleder and Evensen break new ground using the long-held tradition of sharing wisdom through story-telling. In the all-too-real but fictional story of Abi, her family, and a therapeutic support group, adolescent girls learn to deal with having been sexually abused – as their family members and the larger community reacts to them. The learning is reinforced by techniques for dealing with emotions, hand-outs from the group, reminders, explanations, and tips. Using a wide range of situations, issues, and coping strategies, and extraordinarily captivating writing, *The Thursday Group* portrays the effects of sexual abuse realistically, recognizing both pain and hope, damage and healing.

*"I learned a lot from this book. If it was too graphic I couldn't have read it. It was real. It was gentle."* — Rita, 15, A Survivor

#9884 (ISBN 978-1-929657-44-5) Paperback, 280 pages  
\$25.00

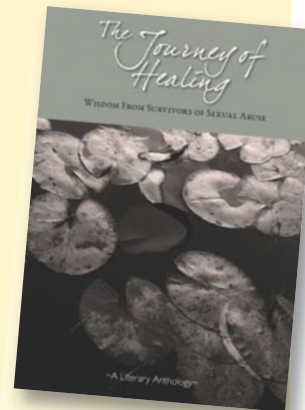
### The Journey of Healing

#### Wisdom from Survivors of Sexual Abuse, A Literary Anthology

Safer Society Press

*The Journey of Healing* is a first-of-its kind literary anthology showcasing the work of sexual abuse survivors. Submissions for the book came from many continents, from divergent cultures and ages, and from both men and women. The final selections of poems, essays and stories chosen for the book include fiction as well as autobiographical pieces. These resonant writings articulate both the pain and the hope that come from the process of enduring and surviving sexual abuse. The anthology also features black and white photographs by one of the contributors. The voices in this book are unique, strong, aware, and wise. The contributors are a testament to the resiliency of the human spirit and to the power of the written word.

#9978 (ISBN 978-1-88444486-9) Paperback, 220 pages  
\$15.00



### Evicting the Perpetrator

#### A Male Survivor's Guide to Recovery From Childhood Sexual Abuse

By Ken Singer

Male survivors of childhood sexual abuse can find no better guide to a healthy recovery than Ken Singer's new book. He identifies the connections between childhood abuse and issues of isolation, out-of-control anger, sexual intimacy, and addictions, and provides struggling survivors with an understanding of trauma and its effects that can help them retake control of their lives. He offers useful advice about why and how to disclose the long-held secret of abuse to loved ones and to constructively confront the abuser by letter and in person. Ken has distilled decades of experience to give real help, real guidance, and the tools needed for real recovery.

*"Ken Singer has created a book that is smart, helpful, compassionate, and innovative, a product of his long career working with both survivors and offenders, combining caring with toughness. Survivors, and those who care about them, will benefit from (and be challenged by) his deeply human approach to 'moving on' in recovery."* — Mike Lev,

author of *Victims No Longer* and *Leaping Upon the Mountain*

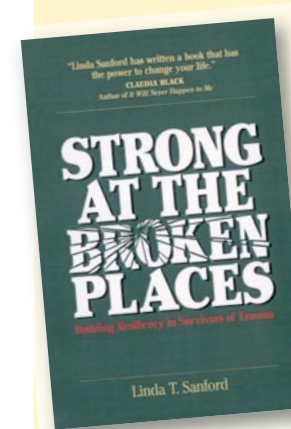
#9883 (ISBN 978-1-929657-46-9) Paperback, 334 pages  
\$24.00



### Strong At The Broken Places:

#### Building Resiliency In Survivors Of Trauma

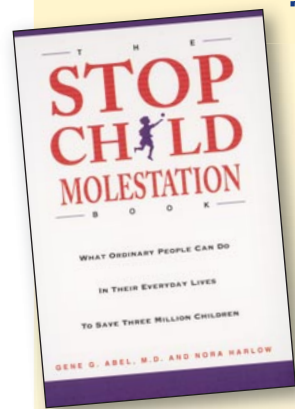
By Linda T. Sanford



Author and therapist Linda Sanford has documented the successes of 20 adults who prevailed over childhoods of sexual and physical abuse, neglect, parental substance abuse and domestic violence. One of the first popular books on resiliency, *Strong at the Broken Places* was written for every survivor, friend, family member, mentor or helping professional who seeks self-forgiveness and healing.

Linda T. Sanford, MSW, also wrote *The Silent Children* and coauthored *Women and Self-Esteem*. She trains and consults nationwide.

#9859 (ISBN 978-1-929657-25-4) Paperback 194 pages  
\$19.00



### The Stop Child Molestation Book:

*What Ordinary People Can Do In Their Everyday Lives To Save Three Million Children*

By Gene G. Abel & Nora Harlow  
Xlibris Books

*The Stop Child Molestation Book* has been called "groundbreaking," "hard-hitting," and "a must-read for every family in America" for its plan of action to put an end to child molestation. Using new facts from their study of 16,000 people, authors Gene G. Abel, M.D., and Nora Harlow urge families to take three powerful steps to protect their children.

"...a bold new approach to the prevention of child sexual abuse. Here, for the first time, parents learn words to say and how to say them. It could make a big difference."

— Lucy Berliner, MSW  
National Center for Missing and Exploited Children

#9852 (ISBN 1-4010-3480-2) Paperback 365 pages  
\$23.00

### Taking Action (Children)

*Support for Families of Children with Sexual Behavior Problems*

By Jane F. Silovsky

Safer Society Press

(SSF1)-9981 (ISBN 978-1-884444-80-7) Paperback, 82 pages  
\$5.00

### Taking Action (Adolescents)

*Support for Families of Adolescents with Illegal Sexual Behavior*

By Barbara Bonner

Safer Society Press

(SSF1)-9980 (ISBN 978-1-884444-81-4) Paperback, 52 pages  
\$5.00

When a parent learns that his or her child has sexually abused another child, or is displaying a serious sexual behavior problem, the discovery causes uncertainty, confusion, pain and fear. Yet, this is precisely the time the child needs support and understanding. Parents and families play a significant role in the successful treatment of their children. That's where Taking Action comes in. Written by two of the leading experts in the field, these booklets provide the information families need to support their children and access the resources they will require in the days to come.

Because the issues faced by families of adolescents with problematic sexual behaviors are very different from those faced by families of younger children with sexual behavior problems these two booklets are written for families in different developmental stages. Whether reading Taking Action for adolescents or younger children, the concise and practical information for families will help prepare them for the important role and various challenges that lie ahead.

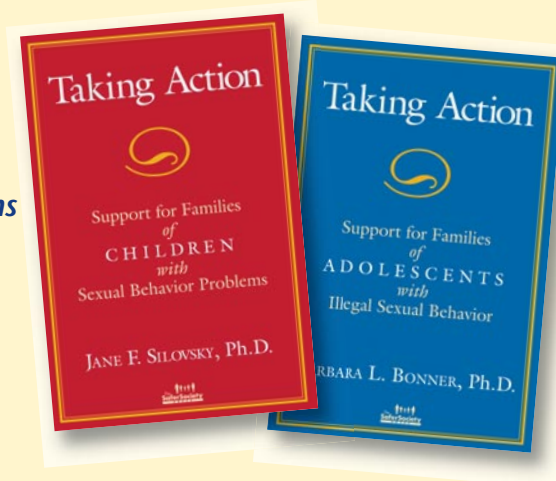
### Sexual Abuse In America:

*Epidemic Of The 21st Century*

By Robert E. Freeman-Longo  
& Geral T. Blanchard  
Safer Society Press

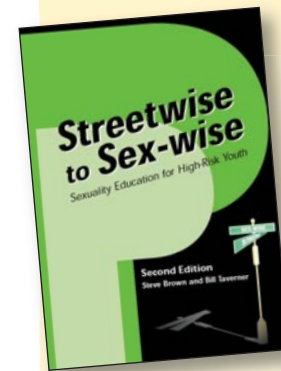
This classic text proposes that physical and sexual abuse be addressed primarily as public health problems, rather than as criminal justice matters. Public health approaches include emphasizing education and prevention, vigorous casefinding, comprehensive treatment, and quarantining of abusers who have not yet been treated or who fail to respond to treatment. The authors present detailed suggestions for primary prevention with heavy emphasis on effective public education about sexual abuse and enlightened citizen action.

#9840 (ISBN 1-884444-45-8) Paperback, 221 pages  
\$20.00



#### SPECIAL PRICING:

Bulk Prices: 10-40 \$4.00 each, 50-240 \$3.50,  
250 copies or more \$3.00 each



### Streetwise to Sex-wise Sexuality Education for High-Risk Youth

by Steve Brown and Bill Taverner

Planned Parenthood of Northern NJ

*Streetwise to Sex-Wise* provides an easy-to-use yet comprehensive model for a basic series on human sexuality for high-risk teens. It applies a "state-of-the-art" methodology of sexuality education to teens in non-traditional settings who often have limited academic skills and are resistant to classroom-based learning.

Lessons are divided into a series for older teens (ages 14-19) and a series for pre-teens and young teens (ages 9-13). All are simple, concrete and actively involve group members in the learning process. They extend beyond mere factual information and address attitudes, values, and skills, an approach that experts find is more likely to lead to positive behavior change in young people.

In addition, *Streetwise to Sex-Wise* provides background information on teaching education to high-risk teens, including profiles of the sexual-health concerns of four specific high-risk populations. This manual also includes a resource section of books, audio-visuals, and other teaching tools especially appropriate for high-risk youth.

#9983 (ISBN 0-9843014-4-5) Paperback 259 pages  
\$30.00

## Faith-Based Approaches (Christian)



### A Time To Heal: Protecting Children & Ministering to Sex Offenders

By the Reverend Debra Haffner  
Christian Community, Inc.

The Rev. Debra Haffner's timely book is a primary resource for congregations dealing with abuse issues. It provides tools for faith communities to: develop sexual abuse prevention strategies; determine if/how a convicted sex offender may be involved in the congregation; decide how to respond if a member is accused of a sexual offense; and support victim/survivors.

*A Time to Heal* is a must-read for clergy, lay leadership, denominational executives, regional judicatory executives, correctional officials, judges, parole and probation officers, and treatment providers.

#9865 (ISBN 1-893270-31-9) Paperback  
\$12.00

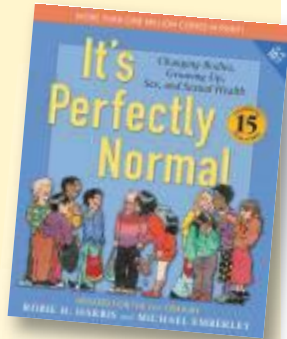
### It's Perfectly Normal Epidemic Of The 21st Century

By Robie H. Harris

Illustrated by Michael Emberley  
Candlewick Press

*It's Perfectly Normal* — for preteens and teens age 10 and up — provides accurate, unbiased answers to nearly every conceivable question, from conception and puberty to birth control and AIDS. Now offering a brand-new chapter focusing on safe Internet use — one of parents' key concerns — this universally acclaimed classic is a cutting-edge resource for kids, parents, teachers, librarians, and anyone else who cares about the well-being of tweens and teens. Alternately playful and realistic, the watercolor-and-pencil art reinforces the message that bodies come in all sizes, shapes, and colors, and that each variation is "perfectly normal." This award winning book (ALA notable children's book, NY Times notable book of the year, and numerous five star reviews) offers young people the information they need to make responsible decisions.

#9974 (ISBN 978-0-763624-33-0) Paperback, 96 pages,  
full color illustrations  
\$12.99



### Walk The Walk:

*A Treatment Supplement For Sex Offenders With Christian Beliefs*

By Tim Horton  
Acme Halo Publishing

A hard-hitting, yet respectful workbook, *Walk The Walk* integrates sex offender treatment concepts with Christian concepts in order to allay fears and support treatment. This book reaches offenders struggling with their faith or hiding behind their Bibles. Their Christian supporters find help here with the issue of forgiveness.

"Finally there is a book that addresses Christian values and spirituality, while insisting that sex offenders be held accountable! I have especially found the 'Christian thinking errors' chapter useful with my clients."

— Kim Batt-Lincoln, LCPC,  
Sexual Issues Specialist/Clinician,  
Idaho State School and Hospital, Nampa, ID

#9862 (ISBN 0-9728515-0-X) Paperback, 67 pages  
\$15.00

